TABLE OF CONTENTS/CHECKLIST

List of UConn Majors – Page 1

UNIV 1820 Information Form – Page 2

Course Goals: Round 1 – Page 3

True Colors Summary – Page 4

Values Summary – Page 5

MBTI Summary – Page 6

Major Exploration Week – Page 7

Self Exploration Summary – Page 8

Course Goals: Round 2 – Page 9

NOTE:

Throughout this portfolio packet, you will be required to take notes/share your thoughts in written form. While some space is provided for this, feel free to type/write your notes on separate pieces of paper and attached them to the corresponding section.
UCONN MAJORS

- Accounting
- Acting
- Africana Studies
- Agricultural Education
- Agriculture and Natural Resources
- Allied Health Sciences
- American Studies
- Animal Science
- Anthropology
- Applied and Resource Economics
- Applied Mathematical Sciences
- Art
- Art History
- Biological Sciences
- Biology Education
- Biomedical Engineering
- Business Administration
- Business Data Analytics
- Chemical Engineering
- Chemistry
- Chemistry Education
- Chinese
- Civil Engineering
- Classics and Ancient Mediterranean Studies
- Cognitive Science
- Communication
- Computer Engineering
- Computer Science
- Computer Science and Engineering
- Design and Technical Theatre
- Diagnostic Genetic Sciences
- Dietetics
- Digital Marketing and Analytics
- Digital Media and Design
- Earth Science Education
- Ecology and Evolutionary Biology
- Economics
- Electrical Engineering
- Elementary Education
- Engineering Physics
- English
- English Education
- Environmental Engineering
- Environmental Sciences
- Environmental Studies
- Exercise Science
- Finance
- Financial Management
- French
- French Language Education
- General Science Education
- Geography
- Geoscience
- German
- German Language Education
- Health Care Management
- History
- History and Social Studies Education
- Human Development and Family Studies
- Human Rights
- Individualized
- Italian Literary and Cultural Studies
- Journalism
- Judaic Studies
- Landscape Architecture
- Latino and Latin American Studies
- Linguistics/Philosophy
- Linguistics/Psychology
- Management
- Management and Engineering for Manufacturing
- Management Information Systems
- Marine Sciences
- Maritime Studies
- Marketing
- Materials Science and Engineering
- Mathematics
- Mathematics Education
- Mathematics/Actuarial Science
- Mathematics/Actuarial Science/Finance
- Mathematics/Physics
- Mathematics/Statistics
- Mechanical Engineering
- Medical Laboratory Sciences
- Molecular and Cell Biology
- Music
- Music Education
- Natural Resources
- Nursing
- Nutritional Sciences
- Pathobiology
- Pharmacy
- Philosophy
- Physics
- Physics Education
- Physiology and Neurobiology
- Political Science
- Psychological Sciences
- Puppet Arts
- Real Estate/Urban Economics
- Sociology
- Spanish
- Spanish Language Education
- Special Education
- Speech, Language and Hearing Sciences
- Sport Management
- Statistics
- Structural Biology and Biophysics
- Sustainable Plant and Soil Systems
- Theatre Studies
- Urban and Community Studies
- Women's, Gender, and Sexuality Studies
UNIV 1820 INFORMATION FORM

To be completed by “UNIV 1820 Information Form” submission date.

tme.uconn.edu/univ1820/info

This assignment allows your instructor to collect information that will help guide the direction of this course. It’s essentially an introduction to you and where you’re at!

Visit the link list above and complete the form. Your completed form will be sent to your instructor. Your instructor will print the information, comment, and return it to you during the third class. You will then attach it behind this sheet in your portfolio.

This assignment is due by the second class of the semester along with your “Course Goals – Round 1” (on the next page).
COURSE GOALS – ROUND 1

To be completed by “Course Goals – Round 1” submission date.

GOAL #1

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

GOAL #2

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

GOAL #3

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

THOUGHTS/REACTIONS

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________
TRUE COLORS SUMMARY
To be completed by end of “True Colors” class

My Color Spectrum

1. ________________________________
2. ________________________________
3. ________________________________
4. ________________________________

THOUGHTS/REACTIONS

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
VALUES SUMMARY
To be completed by end of “Values” class

MY TOP 10

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________
4. ____________________________________________
5. ____________________________________________
6. ____________________________________________
7. ____________________________________________
8. ____________________________________________
9. ____________________________________________
10. ____________________________________________

THOUGHTS/REACTIONS
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
MBTI SUMMARY

To be completed by end of “MBTI” class

YOUR MBTI SCORE
___ ___ ___ ___ (___)

THOUGHTS/REACTIONS
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
MAJOR EXPLORATION WEEK

To be completed by “Portfolio Packet 1” submission date.

tme.uconn.edu/exploreweek

Major Exploration Week is a week-long series of events, workshops, and presentations intended to give students the opportunity to explore majors in a holistic and interactive manner. It occurs every spring semester and is hosted by The Major Experience in collaboration with University departments, programs, and resources. You are required to attend at least one event. Submit your notes (along with titles of the events you attended) below and/or attached.

THOUGHTS/REACTIONS

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________
SELF EXPLORATION SUMMARY

To be completed by “Self Exploration Summary” submission date.

We’ve spent the first few weeks of this course focusing on YOU. Now it’s time to tie it all together. During the “Self Exploration Discussion” class, we will take some time to examine how what you’ve learned about yourself will impact your major exploration journey.

Take some time to review the information from your summary pages for True Colors, Values, and MBTI. Using that information, think about how it all affects the bigger picture and write your thoughts below. What have you learned about yourself? How does it impact your ability to explore majors?

THOUGHTS/REACTIONS

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________
COURSE GOALS – ROUND 2

To be completed by “Self Exploration Summary” submission date.

GOAL #1

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________

GOAL #2

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________

GOAL #3

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________

THOUGHTS/REACTIONS

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________